

Preschool Press



January 20th -24th Week 24

Theme: Healthy Children



Younger Preschool:
Letters Oo & Pp

Older Preschool:
Letters Ww & Xx
Numbers 19 & 20

Manners:
Take turns
Show good sportsmanship



Language Arts

The Echo game, which is a game of following directions will be introduced to the children during Language time. A discussion of healthy eating habits will help the children learn the do's and don'ts of a well-balanced diet. Ms. Sam will teach the children the importance of handwashing done throughout the day. Parents can help remind children to brush their teeth twice a day.

I Brush My Teeth



I brush my teeth in the morning.
I brush my teeth at night.
I brush them,
then I rinse them clean,
to keep them
strong and white.

Craft and Writing

Our papers will help the children understand healthy and unhealthy foods. Ms. Jen will discuss how to keep our teeth healthy by brushing and flossing every day.

Concept

The focus this week is healthy children and we are going to discuss food groups and "My Plate" in addition to healthy eating habits. We will use straws to create shapes. To reinforce number concept the children will be given a card with a numeral on the top of it. They will be given blocks to count out the exact amount needed to match the number given.

Motor

We will begin the week with a book that reinforces good hygiene, titled Germ's Are Not for Sharing. Ball play will require the children to kick a ball at a target. A simple path activity using hula hoops, blocks to jump over and small carpet squares to step over will add to the fun. A bean bag review game will help to reinforce all concepts introduced.