

# Preschool Press

Jan. 13<sup>th</sup>-17<sup>st</sup> Week 23  
Theme: Healthy Kids



We are beginning our second student evaluation of the school year.

## Older Introductions:

**Letters:** Uu & Vv

**Shapes:** Octagon &  
Trapezoid

**Story #7** Look Mother  
and Father

## Younger Introductions:

**Colors:** Brown &  
Purple

**Story #2:** String Bean

**Proverb #3-**Practice Makes Perfect

**Fable #7-** The dog and His Reflection

**Moral:** We should be happy with what we have.

**Concept:** The class will talk about how exercise and the right amount of sleep help you stay healthy. Our mystery bag will contain objects to reinforce the theme of Healthy Children, such as a comb, tooth brush, small ball and a plastic piece of fruit. The children will reach in the bag and guess what they are touching.

**Motor:** The children will have a blast as they take turns rocking in the wooden rocking boat as they sing “Row, Row, Row Your Boat”. They will also enjoy the obstacle course, path activities, shooting hoops and throwing and catching balls.

## Parent Information

Registration is now open for the 2025-2026 summer and fall sessions. **It is 1/2 price until February 14<sup>th</sup>.** Did you turn in your registration paper request form?

\*\*Please empty your child’s folder daily.

**Craft and Writing:** Ms. Jen hopes to instill the best of manners in her students. She will reinforce proper table manners, covering your mouth when you sneeze or cough, using a tissue, and the importance of hand washing. The children will begin our name tracing worksheets daily. If you are practicing at home, please reinforce the first letter of their name is capital and the rest are lower case. We will end the week with number tracing and scissor work.

**Language Arts:** Our topic of discussion will be healthy eating, exercising and the importance of sleep and rest to keep our bodies healthy. We will also exercise our brains with a new game called “The Riddle Game”. This is when the children will view pictures of similar items and guess which item Ms. Sam is describing.

