

NURSERY

NEWS



Language Arts: In addition to exercising our bodies, we need to exercise our brains to be a healthy person. Many finger plays and flannel board stories, such as "5 Little Toothbrushes" and "Rise and Shine," will help add to the fun along with a matching game.

Concept: We will be discussing things that help keep us healthy. A healthy/unhealthy food chart will be displayed using pictures and we will sort healthy foods using a plate, bowl and cup. Other concepts we will cover on this topic are how to dress for the weather, bathing a baby, and brushing our teeth.

Craft & Writing: As we learn about healthy foods like fruits and vegetables, our class will be collaging their favorites such as apples and bananas. We will also explore our new numbers 5 & 6.

Motor: Learning various yoga moves will encourage a healthy exercise routine. We will be practicing our balancing skills using the balance beam and stair stepper. Also kicking a ball to a target will add to our motor class fun.

- **Registration for the 2025-26 school year** Registration will begin January 15. All current students need to re-register for the new school year. If you return your **fall registration** forms by February 14, you will receive 50% off your registration fee. Request your registration form today! Registration opens to the public on February 15.
- **Kids Can Do Developmental Screening** Free screening January 22 for all signed up. Consent forms due January 20.
- **Scholastic Book Order** Place your order online. Book orders are due 1/28/25.
- **Parent/Teacher Conferences** Our center will be closed to half day students on Monday and Tuesday, February 17 & 18, so that the teachers can conduct conferences. Watch for more information to be sent home soon.

January 20, 2025

Theme: Healthy Kids



This week, our discussions will focus on the things we need to do so that we can be happy and healthy. Our eating habits, exercise routines, and getting sufficient rest will all be a part of our discussions.

Have a great week!

Mrs. Desi, Ms. Melissa, Mrs. Amy and Miss Elaina

Introductions

5 & 6



Happy Birthday!

Luca Darnell 1/20
