

MONTHLY MENU - JANUARY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
10 a.m. snack	Juice, stone ground whole wheat crackers	Juice, stone ground whole wheat crackers	Juice, stone ground whole wheat crackers	Juice, stone ground whole wheat crackers	Juice, stone ground whole wheat crackers	<p>TODDLERS: UNDER 24 MONTHS</p> <p>Vegetables are steamed &amp; cut up in bite-size pieces to be served with lunch or snack</p> <p>Whole milk will be served at lunch to children under the age of 24 months.</p> <p>No popcorn, raisins, corn kernels, raw carrots, whole grapes, nuts, seeds, raw peas, or peanut butter will be served to children under the age of 24 months.</p> <p>Mixed vegetables will be replaced with green beans for children under the age of 24 months</p> <p>All juice is 100% juice: Juice choices are: grapes, nuts, seeds, raw and apple</p>
Week 1				Pizza Muffins Broccoli Carrots Fruit Milk	Meat Loaf Tomato Green Beans Fruit Bre/Milk	
Week 2	Parmesan Noodles Broccoli Tomatoes Fruit Bread Milk	Tacos Peas Celery Fruit Milk	Turkey Mashed Potatoes Cucumbers Fruit Bread Milk	Cream Of Chicken Soup Green Beans Cucumber Fruit Milk Crackers	Lasagna Cauliflower Salad Fruit Bread Milk	
Week 3	Mac-n-Cheese Broccoli Carrot Sticks Fruit Bread Milk	Mostaccioli Green Beans Cucumbers Fruit Bread Milk	Fish Sticks Hot Carrots Celery Fruit Crackers Milk	Chili Mac Cauliflower Carrot Sticks Fruit Crackers Milk	Garlic Chicken Peas Tomato Wedges Fruit Bread Milk	
Week 4	Chicken Nuggets Hot Carrots Cucumbers Fruit Bread Milk	Shepard's Pot Pie Potatoes & Peas Celery Fruit Bread & Milk	Spaghetti Broccoli Salad Fruit Bread Milk	Turkey Rice Green Beans Tomatoes Fruit Bread & Milk	Taco Salad Cauliflower Carrot Sticks Fruit Milk	
Week 5	Meatloaf Potatoes Cucumbers Fruit Bread Milk	Chicken Noodle Soup Hot Carrots Celery Fruit Crackers Milk	Italian Chicken Peas Carrot Sticks Fruit Milk	Pulled Pork Rice Cucumbers Bread Fruit Milk	Hamburgers Broccoli Tomatoes Fruit Milk	
p.m. snack						