

# Two's News

Week 22 January 9-13

Topic: Healthy Kids



Introductions: 5 & 6

Bits of Intelligence: Mammals

## Language Arts

The Language room has a very busy week planned. Ms. Megan will share some books with the class such as, One Cool Watermelon, How Do Dinosaurs Get Well Soon? and Barney Goes to the Doctor. We will discuss things we can do to keep healthy, such as dressing for the weather, eating vegetables, exercising and getting plenty of sleep. The children will enjoy sorting our play kitchen food into groups of healthy vs. unhealthy. Songs for the week include "If you Cough" and "Oh We Cover Up Our Noses",

## Concept

This week brings more fun to the concept class. Ms. Sam will introduce the numbers 5 & 6. The children will enjoy counting teeth. Ms. Sam will talk about healthy habits such as how to wipe your nose, brush your teeth and wash your hands. We will take turns in the sink practicing how to properly wash our hands.

## Craft and Writing

We are very excited for this week. The children will bubble paint to show good handwashing. The children's hands will get messy as well this week as the children use toothbrushes to paint a tooth. Healthy crafts are on the agenda. Proper pencil skills and a listening activity will be enjoyed.

## Motor

Motor activities for the week include ball play, walking the balance beam and plenty of jumping. fun.

## Daycare Parent Reminders

We would like to go outside everyday when the weather with wind chill is 20 degrees or above. Please make sure your child has boots, hat, mittens and snow pants as needed. Please label all items. Thank you.

Half day students will be notified when to bring a full set of outerwear.

