"Reading is to the mind what exercise is to the body."

- Author Unknown

# \*The Kindergarten News \*

for the week of 1 / 8 / 24

- Theme Healthy Kids / Air
- Introduce Sight Words like, and, with & day / Time to the half hour / "IT" word family / Review Ss & Aa
- Expressive Vocabulary innovative the tendency to bring about change
  - jealous having envy of a person or what a person has or can do
- Bits of Intelligence Presidents
- Proverb "The early bird gets the worm."

## Language Arts

Our unit on health concludes this week as we discuss how our bodies grow, proper nutrition, and the healthy habits we should adopt to keep us strong and well. We will look at the My Plate icon to learn what foods we should eat daily and how these foods benefit our bodies. We will add the "it" family to our word family repertoire and practice our sentencebuilding skills by working as a class to build sentences with our sight words and word families. We will also start our second round of reviewing the alphabet. This time around, we will work in a different order to help the children better understand the letters and sounds to recognize and build words more efficiently.

### Math / Science

The children will continue to work on telling time to the hour, and we will add in telling time by the half-hour. We will continue working on addition and reviewing concepts we have learned. In science, we will continue our discussion of air and how, even though it cannot be seen, it is all around us and vital to our survival. "Which is faster?" and "Blow the man down" are two fun experiments that we will perform to help us understand the concept of air.

#### Student of the week

January 8<sup>th</sup> – Nathan Salas

#### Important Dates

January 10<sup>th</sup>- 100-day projects due

January 12<sup>th</sup> – 100-day party!

January 15<sup>th</sup>- Martin Luther King Jr. Day/school open

The students will continue to go outside daily if the Real Feel Temperature is 20 degrees or above. Please remember to send your child a warm coat, hat, gloves/mittens, and snow pants and boots if there is snow on the ground. Thank you!