

Bobbie Noonan's Child Care  
Palos Hills



**\*\*\*Junior Journal\*\*\***  
*for the weeks of 11/27 & 12/4*



- **Theme:** Healthy Children
- **Introduce:** Proverb 2- *Practice Makes Perfect*, 9 & 10, Kk, Ll
- **Expressive Vocabulary:** nourishment: *something needed for life and growth*  
limit: *the point at which something ends or must end*
- **Manners:** #7: "Wait Your Turn" #8: "Do Not Interrupt"

**Language Arts:** Our topic of healthy children continues for two weeks we will be exploring the 5 food groups, the food pyramid and exercising our brains by introducing our riddle game. Each day 5 objects will be placed on a covered tray and then described. I wonder how many we will get right? There will also be a discussion about doctors, nurses and dentists this week. We will also read "Those Mean Dirty, Downright Disgusting, but Invisible Germs."

**Concept:** For the next two weeks the children will use their sense of touch to help them guess what is inside of my "healthy things" bag. They will also have fun sorting healthy/junk food. Miss Jackie will add 9 & 10 and Kk & Ll jobs and also introduce a new hole punch activity that the children are sure to love, along with a doctor station where they will be able to care for baby dolls. How does a sneeze spread germs? We will find out!

**Craft & Writing:** Our theme for the next two weeks is healthy children. We will spend time making a food collage of what is good and bad for us to eat. We'll also talk about the proper way to brush our teeth and color pictures illustrating dental hygiene.

Important Days:

December 8.....**Happy Birthday Ryan Foresman!**  
December 9.....**Happy Birthday Rayan Elabour!**

We would like to continue to take the children outside when weather permits but all the children need to have hats, gloves/mittens for some fun outside time. Thank you for your help.