

# October



2023

\* Menu subject to change due .

Mon	Tue	Wed	Thu	Fri	Sat
2 Ham Bread Cucumbers Milk Fruit	3 Spaghetti Vegetables Milk Bread Fruit	4 Chicken Nuggets Vegetables Bread Milk Fruit	5 Stuffed Peppers Bread Cucumbers Milk Fruit	6 Tuna Casserole Tomatoes Bread Milk Fruit	
9 Ravioli Cucumbers Milk Fruit	10 Shepard's pie Mashed Potatoes Tomatoes Milk Fruit	11 Chicken & Rice Vegetables Bread Milk Fruit	12 Taco Salad Bread Cucumbers Milk Fruit	13 Fish sticks Veggies Bread Milk Fruit	
16 Grilled Cheese Tomato Soup Cucumbers Milk Fruit	17 Chili Mac Bread Cucumbers Milk Fruit	18 Chicken Nuggets rice Tomatoes Milk Fruit	19 Pork Mashed Potatoes Tomatoes Milk Fruit	20 Tuna Salad vegetables Bread Milk Fruit	
23 Beef Stroganoff Bread Cucumbers Milk Fruit	24 Mac-n-cheese Vegetables Bread Milk Fruit	25 Turkey Vegetables Bread Milk Fruit	26 Steak Fingers Vegetables Bread Milk Fruit	27 Tuna Casserole Tomatoes Bread Milk Fruit	
30 Chicken Casserole Vegetables Bread Milk Fruit	31 Pizza Party Cucumbers Milk Fruit  				