

October

2	3	4	5	6
Turkey Green Beans Carrots Peaches Buttered Bread Milk	Beef & Rice Steamed Broccoli Cucumbers Applesauce Buttered Bread Milk	Pasta w/ Meatballs Steamed Cauliflower Carrots Pears Buttered Bread Milk	Fish Sticks Steamed Peas Cucumbers Pineapple Buttered Bread Milk	Cheese Pizza Mixed Veggies Carrots Mandarin Oranges Milk
9	10	11	12	13
Chicken Nuggets Green Beans Carrots Peaches Buttered Bread Milk	Beef Spaghetti Steamed Broccoli Cucumbers Mandarin Oranges Buttered Bread Milk	Chili Mac Steamed Cauliflower Carrots Pears Buttered Bread Milk	Pulled Pork Steamed Peas Cucumbers Applesauce Buttered Bread Milk	Scrambled Eggs Mixed Veggies Carrots Pineapple Buttered Bread Milk
16	17	18	19	20
Chicken & Rice Steamed Cauliflower Carrots Peaches Buttered Bread Milk	Sloppy Joes Steamed Peas Cucumbers Applesauce Buttered Bread Milk	Taco Salad Green Beans Tomatoes Pears Buttered Bread Milk	Tuna & Noodles Tomato Soup Cucumbers Pineapple Buttered Bread Milk	Mac & Cheese Steamed Broccoli Carrots Mandarin Oranges Buttered Bread Milk
23	24	25	26	27
Chicken Nuggets Mixed Veggies Carrots Mandarin Oranges Buttered Bread Milk	Mostaccioli Steamed Broccoli Cucumbers Peaches Buttered Bread Milk	Pasta w/ Meatballs Steamed Cauliflower Carrots Pears Buttered Bread Milk	Fish Sticks Steamed Peas Cucumber Pineapple Buttered Bread Milk	Quesadillas Green Beans Carrots Applesauce Milk
30	31			
Turkey Green Beans Carrots Mandarin Oranges Buttered Bread Milk	Beef & Rice Steamed Broccoli Cucumbers Peaches Buttered Bread Milk			

October 2 Monday	October 3 Tuesday	October 4 Wednesday	October 5 Thursday	October 6 Friday
<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk	<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk	<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk	<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk	<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk
<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers	<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers	<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers	<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers	<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers
<u>Lunch</u> Poultry Turkey Green Beans Carrots Peaches Buttered Bread Milk	<u>Lunch</u> Beef Beef and Rice Steamed Broccoli Cucumbers Peaches Buttered Bread Milk	<u>Lunch</u> Beef Pasta w/Meatballs Steamed Cauliflower Carrots Pears Buttered Bread Milk	<u>Lunch</u> Fish/Pork Fish Sticks Steamed Peas Cucumber Slices Pineapple Buttered Bread Milk	<u>Lunch</u> Cheese/Eggs Cheese Pizza Mixed Veggies Carrots Mandarin Oranges Milk
<u>PM Snack</u> Water Chips & Salsa	<u>PM Snack</u> Water Bananas	<u>PM Snack</u> Water Goldfish & Raisins	<u>PM Snack</u> Water Bagels & Cream Cheese	<u>PM Snack</u> Water Cheese & Crackers

All Juice is 100% Juice. Juice choices are Orange and Apple. No more than 4 oz of juice in the morning. Water is served with PM snack. Vegetables are steamed and cut into bite-sized pieces for toddlers under 24 months. No popcorn, raisins, corn kernels, raw carrots, whole grapes, nuts, seeds and raw peas will be served to toddlers under 24 months. Mixed veggies will be replaced with green beans for toddlers under 24 months of age.

*** Bobbie Noonan is a peanut free building***

October 9 Monday	October 10 Tuesday	October 11 Wednesday	October 12 Thursday	October 13 Friday
<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk	<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk	<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk	<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk	<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk
<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers	<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers	<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers	<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers	<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers
<u>Lunch</u> Poultry Chicken Nuggets Green Beans Carrots Peaches Buttered Bread <u>Milk</u>	<u>Lunch</u> Beef Beef Spaghetti Steamed Broccoli Cucumbers Mandarin Oranges Buttered Bread Milk	<u>Lunch</u> Beef Chili Mac Steamed Cauliflower Carrots Pears Buttered Bread Milk	<u>Lunch</u> Fish/Pork Pulled Pork Steamed Peas Cucumbers Applesauce Buttered Bread Milk	<u>Lunch</u> Cheese/Eggs Scrambled Eggs Mixed Veggies Carrots Pineapple Buttered Bread Milk
<u>PM Snack</u> Water Cheese & Crackers	<u>PM Snack</u> Water Apple Slices	<u>PM Snack</u> Water Goldfish & Raisins	<u>PM Snack</u> Water Rice Cakes & Jelly	<u>PM Snack</u> Water Chips & Salsa

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October 16 Monday	October 17 Tuesday	October 18 Wednesday	October 19 Thursday	October 20 Friday
<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk	<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk	<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk	<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk	<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk
<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers	<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers	<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers	<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers	<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers
<u>Lunch</u> Poultry Chicken & Rice Steamed Cauliflower Carrots Peaches Buttered Bread Milk	<u>Lunch</u> Beef Sloppy Joes Steamed Peas Cucumbers Applesauce Buttered Bread Milk	<u>Lunch</u> Beef Taco Salad Green Beans Tomatoes Pears Buttered Bread Milk	<u>Lunch</u> Fish/Pork Tuna & Noodles Tomato Soup Cucumbers Pineapple Buttered Bread Milk	<u>Lunch</u> Cheese/Eggs Mac & Cheese Steamed Broccoli Carrots Mandarin Oranges Buttered Bread Milk
<u>PM Snack</u> Water Chips & Salsa	<u>PM Snack</u> Water Bananas	<u>PM Snack</u> Water Goldfish & Raisins	<u>PM Snack</u> Water Bagels & Cream Cheese	<u>PM Snack</u> Water Cheese & Crackers

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October 23 Monday	October 24 Tuesday	October 25 Wednesday	October 26 Thursday	October 27 Friday
<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk	<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk	<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk	<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk	<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk
<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers	<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers	<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers	<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers	<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers
<u>Lunch</u> Poultry Chicken Nuggets Mixed Veggies Carrots Mandarin Oranges Buttered Bread Milk	<u>Lunch</u> Beef Mostaccioli Steamed Broccoli Cucumbers Peaches Buttered Bread Milk	<u>Lunch</u> Beef Pasta w/Meatballs Steamed Cauliflower Carrots Pears Buttered Bread Milk	<u>Lunch</u> Fish/Pork Fish Sticks Steamed Peas Cucumber Pineapple Buttered Bread Milk	<u>Lunch</u> Cheese/Eggs Quesadillas Green Beans Carrots Applesauce Milk
<u>PM Snack</u> Water Chips & Salsa	<u>PM Snack</u> Water Apples Slices	<u>PM Snack</u> Water Goldfish & Raisins	<u>PM Snack</u> Water Rice Cakes & Jelly	<u>PM Snack</u> Water Popcorn

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October 30 Monday	October 31 Tuesday	Wednesday	Thursday	Friday
<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk	<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk	<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk	<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk	<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk
<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers	<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers	<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers	<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers	<u>AM Snack</u> Choice of Apple or Orange Juice Wheat Crackers
<u>Lunch</u> Poultry Turkey Green Beans Carrots Mandarin Oranges Buttered Bread Milk	<u>Lunch</u> Beef Beef & Rice Steamed Broccoli Cucumbers Peaches Buttered Bread Milk	<u>Lunch</u> Beef	<u>Lunch</u> Fish/Pork	<u>Lunch</u> Eggs/Cheese
<u>PM Snack</u> Water Chips & Salsa	<u>PM Snack</u> Water Bananas	<u>PM Snack</u> Water	<u>PM Snack</u> Water	<u>PM Snack</u> Water

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