September

September					
				1	
				Quesidillas	
				Mixed Veggies	
				Carrots	
				Mandarin Oranges	
				Buttered Bread	
				Milk	
4	5	6	7	8	
Turkey	Beef & Rice	Pasta w/ Meatballs	Fish Sticks	Mac & Cheese	
Green Beans	Steamed Broccoli	Steamed Cauliflower	Steamed Peas	Mixed Veggies	
Carrots	Cucumbers	Tomatoes	Cucumbers	Carrots	
Peaches	Applesauce	Pears	Pineapple	Mandarin Oranges	
Buttered Bread	Buttered Bread	Buttered Bread	Buttered Bread	Buttered Bread	
Milk	Milk	Milk	Milk	Milk	
11	12	13	14	15	
Chicken Nuggets	Beef Spaghetti	Chili Mac	Pulled Pork	Scrambled Eggs	
Green Beans	Steamed Broccoli	Steamed Cauliflower	Steamed Peas	Mixed Veggies	
Carrots	Cucumbers	Carrots	Cucumbers	Carrots	
Peaches	Mandarin Oranges	Pears	Applesauce	Pineapple	
Buttered Bread	Buttered Bread	Buttered Bread	Buttered Bread	Buttered Bread	
Milk	Milk	Milk	Milk	Milk	
18	19	20	21	22	
Chicken & Rice	Sloppy Joes	Taco Salad	Fish Sticks	Cheese Pizza	
Steamed Cauliflower	Steamed Peas	Green Beans	Mixed Veggies	Steamed Broccoli	
Carrots	Cucumbers	Tomatoes	Cucumbers	Carrots	
Peaches	Applesauce	Pears	Pineapple	Mandarin Oranges	
Buttered Bread	Buttered Bread	Buttered Bread	Buttered Bread	Buttered Bread	
Milk	Milk	Milk	Milk	Milk	
25	26	27	28	29	
Chicken Nuggets	Beef & Rice	Pasta w/ Meatballs	Tuna & Noodles	Scrambled Eggs	
Steamed Cauliflower	Steamed Broccoli	Steamed Cauliflower	Steamed Peas	Mixed Veggies	
Carrots	Cucumbers	Carrots	Cucumbers	Carrots	
Mandarin Oranges	Peaches	Pears	Applesauce	Mandarin Oranges	
Buttered Bread	Buttered Bread	Buttered Bread	Buttered Bread	Buttered Bread	
Milk	Milk	Milk	Milk	Milk	

				September 1
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Choice of Cold Cereal, Toast, Fruit and Milk	<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk	<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk	<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk	Breakfast Choice of Cold Cereal, Toast, Fruit and Milk
AM Snack Choice of Apple or Orange Juice Wheat Crackers Lunch Poultry	AM Snack Choice of Apple or Orange Juice Wheat Crackers Lunch Beef	AM Snack Choice of Apple or Orange Juice Wheat Crackers Lunch Beef	AM Snack Choice of Apple or Orange Juice Wheat Crackers Lunch Fish/Pork	AM Snack Choice of Apple or Orange Juice Wheat Crackers Lunch Cheese/Eggs Quesidillas Mixed Veggies
PM Snack	PM Snack	<u>PM Snack</u>	<u>PM Snack</u>	Carrots Mandarin Oranges Buttered Bread Milk PM Snack Water Goldfish & Raisins

All Juice is 100% Juice. Juice choices are Orange and Apple. No more than 4 oz of juice in the morning. Water is served with PM snack. Vegetables are steamed and cut into bite-sized pieces for toddlers under 24 months. No popcorn, raisins, corn kernels, raw carrots, whole grapes, nuts, seeds and raw peas will be served to toddlers under 24 months. Mixed veggies will be replaced with green beans for toddlers under 24 months of age.

^{***} Bobbie Noonan is a peanut free building***

September 4 Monday	September 5 Tuesday	September 6 Wednesday	September 7 Thursday	September 8 Friday
<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
Choice of Cold Cereal,	Choice of Cold Cereal,	Choice of Cold Cereal,	Choice of Cold Cereal,	Choice of Cold Cereal,
Toast, Fruit and Milk	Toast, Fruit and Milk	Toast, Fruit and Milk	Toast, Fruit and Milk	Toast, Fruit and Milk
AM Snack	AM Snack	AM Snack	AM Snack	AM Snack
Choice of Apple or	Choice of Apple or	Choice of Apple or	Choice of Apple or	Choice of Apple or
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Wheat Crackers	Wheat Crackers	Wheat Crackers	Wheat Crackers	Wheat Crackers
<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>
Poultry	Beef	Beef	Fish/Pork	Cheese/Eggs
Chicken Nuggets	Beef & Rice	Pasta w/ Meatballs	Fish Sticks	Mac & Cheese
Green Beans	Steamed Broccoli	Steamed Cauliflower	Steamed Peas	Mixed Veggies
Carrots	Cucumbers	Carrots	Cucumbers	Carrots
Peaches	Mandarin Oranges	Pears	Applesauce	Mandarin Oranges
Buttered Bread	Buttered Bread	Buttered Bread	Buttered Bread	Buttered Bread
Milk	Milk	Milk	Milk	Milk
PM Snack	PM Snack	PM Snack	PM Snack	PM Snack
Water	Water	Water	Water	Water
Trail Mix	Goldfish & Carrots	Chips & Salsa	Bagels w/ Cream Cheese	Cheese Sticks

All Juice is 100% Juice. Juice choices are Orange and Apple. No more than 4 oz of iuice in the morning. Water is served with PM snack. Vegetables are steamed and cut into bite-sized pieces for toddlers under 24 months. No popcorn, raisins, corn kernels, raw carrots, whole grapes, nuts, seeds and raw peasw ill be served to toddlers under 24 months. Mixed veggies will be replaced with green beans for toddlers under 24 months of age.

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September 11	September 12	September 13	September 14	September 15
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Choice of Cold Cereal, Toast, Fruit and Milk	Breakfast Choice of Cold Cereal, Toast. Fruit and Milk	Breakfast Choice of Cold Cereal, Toast, Fruit and Milk	Breakfast Choice of Cold Cereal, Toast. Fruit and Milk	Breakfast Choice of Cold Cereal, Toast, Fruit and Milk
Toast, Fruit and Wilk	Toast, I fuit and Willin	Toast, I Tuit and Willin	Toast, Fruit and Willin	Toast, I fuit and Wilk
AM Snack				
Choice of Apple or				
Orange Juice				
Wheat Crackers				
<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>
Poultry	Beef	Beef	Fish/Pork	Cheese/Eggs
Chicken Nuggets	Beef Spaghetti	Chili Mac	Pulled Pork	Scrambled Eggs
Green Beans	Steamed Broccoli	Steamed Cauliflower	Steamed Peas	Mixed Veggies
Carrots	Cucumbers	Carrots	Cucumbers	Carrots
Peaches	Mandarin Oranges	Pears	Pineapple	Mandarin Oranges
Buttered Bread	Buttered Bread	Buttered Bread	Buttered Bread	Buttered Bread
Milk	Milk	Milk	Milk	Milk
PM Snack				
Water	Water	Water	Water	Water
Pretzels	Veggie Straws	Rice Cakes w/ Jelly	Goldfish & Raw	Yogurt
			Veggies w/ Ranch	

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September 18 Monday	September 19 Tuesday	September 20 Wednesday	September 21 Thursday	September 22 Friday
<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk	<u>Breakfast</u> Choice of Cold Cereal, Toast, Fruit and Milk			
AM Snack Choice of Apple or Orange Juice Wheat Crackers	AM Snack Choice of Apple or Orange Juice Wheat Crackers	AM Snack Choice of Apple or Orange Juice Wheat Crackers	AM Snack Choice of Apple or Orange Juice Wheat Crackers	AM Snack Choice of Apple or Orange Juice Wheat Crackers
<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>
Poultry	Beef	Beef	Fish/Pork	Cheese/Eggs
Chicken & Rice	Sloppy Joes	Taco Salad	Fish Sticks	Cheese Pizza
Steamed Cauliflower	Steamed Broccoli	Green Beans	Mixed Veggies	Steamed Peas
Carrots	Cucumbers	Tomatoes	Cucumbers	Carrots
Peaches	Applesauce	Pears	Pineapple	Mandarin Oranges
Buttered Bread	Buttered Bread	Buttered Bread	Buttered Bread	
Milk	Milk	Milk	Milk	Milk
PM Snack				
Water	Water	Water	Water	Water
Chips & Salsa	Cheese Sticks	Trail Mix	Carrots w/ Ranch	Goldfish & Cherry Tomatoes

All Juice is 100% Juice. Juice choices are Orange and Apple. No more than 4 oz of juice in the morning. Water is served with PM snack. Vegetables are steamed and cut into bite-sized pieces for toddlers under 24 months. No popcorn, raisins, corn kernels, raw carrots, whole grapes, nuts, seeds and raw peasw ill be served to toddlers under 24 months. Mixed veggies will be replaced with green beans for toddlers under 24 months of age.

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September 25 Monday	September 26 Tuesday	September 27 Wednesday	September 28 Thursday	September 29 Friday
<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
Choice of Cold Cereal,	Choice of Cold Cereal,	Choice of Cold Cereal,	Choice of Cold Cereal,	Choice of Cold Cereal,
Toast, Fruit and Milk	Toast, Fruit and Milk	Toast, Fruit and Milk	Toast, Fruit and Milk	Toast, Fruit and Milk
AM Snack	AM Snack	AM Snack	AM Snack	AM Snack
Choice of Apple or	Choice of Apple or	Choice of Apple or	Choice of Apple or	Choice of Apple or
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Wheat Crackers	Wheat Crackers	Wheat Crackers	Wheat Crackers	Wheat Crackers
<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>
Poultry	Beef	Beef	Fish/Pork	Eggs/Cheese
Chicken Nuggets	Beef & Rice	Pasta w/Meatballs	Fish Sticks	Quesidillas
Mixed Veggies	Steamed Broccoli	Steamed Cauliflower	Steamed Peas	Mixed Veggies
Carrots	Cucumbers	Carrots	Cucumbers	Carrots
Mandarin Oranges	Peaches	Pineapple	Pears	Applesauce
Buttered Bread	Buttered Bread	Buttered Bread	Buttered Bread	Mandarin Oranges
Milk	Milk	Milk	Milk	Milk
PM Snack	PM Snack	PM Snack	PM Snack	PM Snack
Water	Water	Water	Water	Water
Gold Fish & Raisins	Veggie Straws	Trail Mix	Yogurt & Granola	Pretzels

All Juice is 100% Juice. Juice choices are Orange and Apple. No more than 4 oz of juice in the morning. Water is served with PM snack. Vegetables are steamed and cut into bite-sized pieces for toddlers under 24 months. No popcorn, raisins, corn kernels, raw carrots, whole grapes, nuts, seeds and raw peasw ill be served to toddlers under 24 months. Mixed veggies will be replaced with green beans for toddlers under 24 months of age.

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