

MONTHLY MENU - NOVEMBER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10 a.m. snack	Juice, stone ground whole wheat crackers	Juice, stone ground whole wheat crackers	Juice, stone ground whole wheat crackers	Juice, stone ground whole wheat crackers	Juice, stone ground whole wheat crackers
Week 1		Grilled Cheese Tomato Soup Carrot Sticks Fruit Crackers/Milk	Stuffed Peppers Cauliflower Cucumber Fruit Bread/Milk	Lasagna Green Beans Salad Fruit Bread/Milk	Tacos Peas Cucumber Fruit Milk
Week 2	Meatballs Mashed Potatoes Tomatoes Fruit Bread Milk	Pulled BBQ Pork Hot Carrots Celery Fruit Bread Milk	Hawaiian Chicken Broccoli Rice Carrot Sticks Fruit Bread/Milk	Alfredo Noodles Green Beans Carrots Fruit Bread Milk	Turkey & Rice Peas Cucumber Fruit Bread Milk
Week 3	Fish Sticks Cauliflower Carrot Sticks Fruit Bread Milk	Mostaccioli Broccoli Celery Fruit Bread Milk	Chicken Noodle Soup Hot Carrots Cucumbers Fruit Crackers Milk	Grilled Cheese Tomato Soup Cucumbers Fruit crackers Milk	Chicken Nuggets Green Beans Tomatoes Fruit Bread Milk
Week 4	Sloppy Joes Green Beans Carrot Sticks Fruit Bread Milk	Italian Chicken w/Rice Peas Tomatoes Fruit Bread/Milk	Tacos Cauliflower Carrot Sticks Fruit Bread Milk	Happy Thanksgiving	Off for Thanksgiving Break
Week 5	Pizza Muffins Broccoli Tomatoes Fruit Milk	Shepard's Pie Peas Cucumbers Fruit Bread/Milk	Chicken Fajitas Green Beans Celery Fruit Tortilla/Milk		

TODDLERS: UNDER 24 MONTHS
Vegetables are steamed & cut up in bite-size pieces to be served with lunch or snack

Whole milk will be served at lunch to children under the age of 24 months.

No popcorn, raisins, corn kernels, raw carrots, whole grapes, nuts, seeds, raw peas, or peanut butter will be served to children under the age of 24 months.

Mixed vegetables will be replaced with green beans for children under the age of 24 months

All juice is 100% juice:
Juice choices are:
pineapple, orange, grape and apple