

# Nursery News

Weeks 27 & 28 February 15th—19th & 22nd-26th, 2021 Theme: Healthy Kids

#### Language Arts:

As a class, we will be discussing the importance of healthy eating, staying clean, getting the right amount of sleep, and exercising our growing bodies. Do you like fruits and vegetables? Our class will explore fun songs to help us learn about making healthy choices at home and at school. We will also look at picture files of healthy foods and many other healthy habits. We will read all sorts of books to learn about our exciting theme.



#### Motor:

"Here's my head, here's my nose. See my hands, touch my toes. Reach up with my fingers, high as they can go." It is very important to exercise in order to keep our bodies healthy. The children will stretch and dance to some favorite songs on the tumbling mat. The children will also enjoy a fun obstacle course using stairs & the balance beam.

#### Concept

"Brush, brush, brush your teeth, brush your teeth right now. Up and down, round and round, I like to brush my teeth." We will talk about the importance

of making sure that we brush our teeth everyday, at least twice a day. The children will enjoy playing with the water table as they wash dishes.

#### Craft and Writing:

Fruit salad is yummy! Our little artists will create special fruit and vegetable crafts to take home.

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- Introductions: None
- Review: All that has been introduced so far.

## Happy Birthday Dominic 2/25



### **NOTES TO PARENTS:**

- PLEASE CHECK
  YOUR CHILD'S DAILY
  SHEET TO SEE IF
  HE/SHE NEEDS ANY THING SUCH AS DIA PERS AND WIPES.
- JUST A REMINDER:
  WE HAVE OPEN
  REGISTRATION FOR
  OUR SUMMER CAMP
  AND 2021-2022
  SCHOOL YEAR. THE
  SUMMER ACTIVITY
  FEE IS \$30.00 AND
- THE FALL REGISTRATION FEE IS \$100.00 SINGLE CHILD/\$150.00 FOR A FAMILY.
- PLEASE MAKE SURE
  IF YOUR CHILD
  WEARS BOOTS TO
  SCHOOL THAT YOU
  CHANGE THEM INTO
  SOCKS AND SHOES.
  THANK YOU.

Have a Healthy and Fun Two Weeks!! Ms. Yasmin & Mrs. Denise

