



Bobbie Noonan's Child Care
Palos Hills
Young Nursery News

Theme: Healthy Kids
Week of January 11



Language Arts: We will introduce flannel board story- "Fruit, Fruit, What Do You See?" and a puppet play called "I'm A Healthy Eater." We'll also read *Mealttime* and *I Can Eat A Rainbow*. We will learn a song that will teach us how to brush our teeth. Finally, we will look at lots of pictures of healthy food and activities that will help you grow up big and strong.

Concept: We will practice good habits of healthy kids, like washing hands and wiping our noses. We will discuss and sort foods that are good and bad for your teeth. We are such healthy kids!

Art: We will be coloring and painting pattern papers pertaining to our theme healthy kids. We will paint an outline of a tooth with shaving cream with a real tooth brush to reinforce the motion that is used while brushing teeth.

Motor: This week we will be getting in shape. Healthy kids need lots of exercise! We will test our skills on the stair steps and the balance beam. We will be learning new exercises and movements to stretch and flex all of our body parts and have lots of fun staying healthy!