

Junior Journal



January 4th–8th Week 21



Theme: Healthy Children

Bits of Intelligence: Midwest Wildflowers
Vocabulary: limit – the point at which something ends or must end.

Manners: Say “I’m sorry”.
Do not cut into line.

Introductions: oval and rhombus

Language Arts

The Echo game, which is a game of following directions will be introduced to the children during Language time. A discussion of healthy eating habits will help the children learn the do’s and don’ts of a well-balanced diet. Mrs. Melissa will teach the children the importance of handwashing done throughout the day. Parents can help remind children to brush their teeth twice a day.

Concept

The focus this week is healthy children and we are going to discuss food groups and the food pyramid in addition to healthy eating habits. We will use straws to create shapes. To reinforce number concept the children will be given a card with a numeral on the top of it. They will be given blocks to count out the exact amount needed to match the number given.



I Brush My Teeth

I brush my teeth morning,
noon and night. I brush them,
then I rinse them clean,
to keep them
strong and white.



Motor

Mrs. Hollie will ring in the new year with a book that reinforces good hygiene, titled Germ's Are Not for Sharing. We will also read our mask book to help encourage the students to wear their masks at school. Ball play will require the children to kick a ball at a target. A simple path activity using hula hoops, blocks to jump over and small carpet squares to step over will add to the fun. A bean bag review game will help to reinforce all concepts introduced.

Craft and Writing

Our papers will help introduce our two new shapes, oval and rhombus. Mrs. Melissa will assist our little artists with cutting practice.



