



# 2019

Mon	Tue	Wed	Thu	Fri	Sat
1 Quiche Oat Meal Carrots Milk Fruit	2 Beef Stroganoff Mixed Veg Milk Fruit	3 Chicken Nuggets Rice/pasta Cucumbers Milk Fruit	4 Sloppy Joes Potatoes Green beans Milk Fruit	5 Fish Sticks Grits Carrots Milk Fruit	
8 Chicken Casserole Cucumbers Milk Fruit	9 Turkey Breast Mashed Potatoes Green Beans Milk Fruit	10 Mac-n-cheese Vegetables Milk Fruit	11 Taco Salad Tortilla Chips Veggies Milk Fruit	12 Tuna Casserole Broccoli Milk Fruit	
15 Grilled Cheese Tomato Soup Milk Bread Fruit	16 Spaghetti Broccoli Milk Bread Fruit	17 Chicken Nuggets Rice/pasta Cucumbers Milk Fruit	18 Pork Mashed Potatoes Vegetables Milk Fruit	19 Fish Sticks Grits Carrots Milk Fruit	
22 Goulash Mixed Veggies Cucumbers Milk Fruit	23 Chicken/Rice Green beans Milk Bread Milk	24 Ravioli Peas Bread Milk Fruit	25 Shepard's pie Mashed Potatoes Tomatoes Milk Fruit	26 Tuna Salad Broccoli Bread Milk Fruit	
29 Turkey roll ups Chips Carrots Milk Fruit	30 Beef Stroganoff Mixed Veg Milk Fruit				