



**2019**

| <b>Mon</b>   | <b>Tue</b>  | <b>Wed</b>   | <b>Thu</b>   | <b>Fri</b>  | <b>Sat</b> |
|--|---|--|--|---|------------|
|  |   |  |  | 1 Tuna Salad<br>Broccoli<br>Bread<br>Milk<br>Fruit  |            |
| 4 Turkey Roll ups<br>Chips<br>Carrots<br>Milk<br>Fruit     | 5 Beef Stroganoff<br>Mixed Veg<br>Milk<br>Fruit                     | 6 Chicken Nuggets<br>Rice/pasta<br>Cucumbers<br>Milk<br>Fruit  | 7 Sloppy Joes<br>Potatoes<br>Green beans<br>Milk<br>Fruit    | 8 Fish Sticks<br>Grits<br>Carrots<br>Milk<br>Fruit  |            |
| 11 Chicken Casserole<br>Cucumbers<br>Milk<br>Fruit         | 12 Turkey Breast<br>Mashed Potatoes<br>Green Beans<br>Milk<br>Fruit | 13 Mac-n-cheese<br>Vegetables<br>Milk<br>Fruit                 | 14 Taco Salad<br>Tortilla Chips<br>Veggies<br>Milk<br>Fruit  | 15 Tuna Casserole<br>Broccoli<br>Milk<br>Fruit      |            |
| 18 Grilled Cheese<br>Tomato Soup<br>Milk<br>Bread<br>Fruit | 19 Spaghetti<br>Broccoli<br>Milk<br>Bread<br>Fruit                  | 20 Chicken Nuggets<br>Rice/pasta<br>Cucumbers<br>Milk<br>Fruit | 21 Pork<br>Mashed Potatoes<br>Vegetables<br>Milk<br>Fruit    | 22 Fish Sticks<br>Grits<br>Carrots<br>Milk<br>Fruit |            |
| 25 Goulash<br>Mixed Veggies<br>Cucumbers<br>Milk<br>Fruit  | 26 Chicken/Rice<br>Green beans<br>Milk<br>Bread<br>Milk             | 27 Ravioli<br>Peas<br>Bread<br>Milk<br>Fruit                   | 28 Meat Loaf<br>Mashed Potatoes<br>Tomatoes<br>Milk<br>Fruit | 29 Tuna Salad<br>Broccoli<br>Bread<br>Milk<br>Fruit |            |