

Nursery News

<u>Week 27 & 28</u> February 18th—22nd & February 25th-March 1st, 2019 Theme: Healthy Kids

Language Arts:

As a class, we will be discussing the importance of healthy eating, staying clean, getting the right amount of sleep, and exercising our growing bodies. Do you like fruits and vegetables? Our class will explore fun songs to help us learn about making healthy choices at home and at school. We will also look at picture files of healthy foods and many other healthy habits. We will read all sorts of books to learn about our exciting theme.



Motor:

"Here's my head, here's my nose. See my hands, touch my toes. Reach up with my fingers, high as they can go. Wave them back to and fro." It is veru important to exercise in order to keep our bodies healthy. The children will stretch and dance to some favorite songs on the tumbling mat. The children will also enjou a fun obstacle course using stairs, the balance beam and the trampoline!

Concept

"Brush, brush, brush your teeth, brush your teeth right now. Up and down, round and round, I like to brush my teeth." During the next two weeks we will be discussing different ways that we can keep our bodies healthy. We will talk about the importance of making sure that we brush our teeth everyday, at least twice a day. Another fun activity will be bathing babies in the water table. This will help us remember the importance of staying clean.

Craft and Writing:

Fruit salad is yummy! Our little artists will create special fruit and vegetable crafts to take home. We will also be exploring with other mediums throughout the two weeks.

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- Introductions: None
- Review: All that has been introduced so far.



NOTES TO PARENTS:

- PLEASE CHECK
 YOUR CHILD'S DAILY
 SHEET TO SEE IF
 HE/SHE NEEDS ANY THING SUCH AS DIA PERS AND WIPES.
- JUST A REMINDER:
 WE HAVE OPEN
 REGISTRATION FOR
 OUR SUMMER CAMP
 AND 2019-2020
 SCHOOL YEAR. THE
 SUMMER ACTIVITY
 FEE IS \$30.00 AND
- THE FALL REGISTRATION FEE IS
 \$100.00 SINGLE
 CHILD/\$150.00
 FOR A FAMILY.
- PLEASE MAKE SURE IF YOUR CHILD WEARS BOOTS TO SCHOOL THAT YOU CHANGE THEM INTO SOCKS AND SHOES. THANK YOU.
- MUSIC WITH MRS.
 MICHELLE WILL BE
 MONDAY, FEBRUARY
 25TH.



Have a Healthy and Fun Two Weeks!! Mrs. Nicole, Ms. Yasmin, & Ms. Amber