

Bobbie Noonan's Child Care Palos Hills Young Nursery News

Theme: Healthy Kids Week of January 14

Introduce: 3, 4



Language Arts: In language arts we will introduce flannel board story- "Fruit, Fruit, What Do You See?" and a puppet play called "I'm A Heathy Eater." We'll also read <u>Mealtime</u> and <u>I Can Eat A Rainbow</u>. We will learn a song that will teach us how to brush our teeth. Finally, we will look at lots of pictures of healthy food and activities that will make you grow up big and strong.

Concept: In concept, we will practice good habits of healthy kids, like washing hands and wiping our noses. We will also practice cleanliness by giving our baby doll a bath. We will discuss and sort foods that are good and bad for your teeth. We are such healthy kids!

Art: In art this week we will be coloring, mosaicing, and painting pattern papers pertaining to our theme healthy kids. We will paint an outline of a tooth with shaving cream with a real tooth brush to reinforce the motion that is used while brushing teeth.

Motor: In motor this week we will be getting in shape. Healthy kids need lots of exercise! We will test our skills on the stair steps and the balance beam. We will be learning new yoga movements to stretch and flex all of our body parts and have lots of fun staying healthy!

Registration for summer and fall terms are currently open. Register by February 1st to take advantage of a 50% discount on Fall 2019/2020 registration!