

**Bobbie Noonan's
Child Care**

Two's News

January

**Theme:
"Healthy Kids"**



Craft & Writing

Monday: Coloring Letters

Tuesday: Fruit Print Project

**Wednesday: Clean Hands,
Dirty Hands Craft**

Thursday: Sponge Paint Food

Friday: Finger Paint Teeth

Concept

On Monday in Concept a "Healthy Shopping" grocery store *Sorting* activity will be introduced then the insides and outsides of fruits will be compared. Tuesday a "Brush Your Teeth" *Sensory* activity will be played and a tooth brush *Size Seriation* activity will be practiced. "Simon Says" will be reviewed on Wednesday afterwards the children will discuss healthy habits such as

exercise, sleep, and dressing appropriately for the weather. Then on Thursday at "the doctors" a Boo-Boo Bear band-aid *Matching* activity will be played and "Baby" will have her 1st check-up during a doctor bag color review. In the **Discovery Zone** on Friday a "Catch a Sneeze" water table activity will be introduced and "Dust Bunny" pom-poms will be swept up!

Language

This week in Language the students will feed a very hungry dinosaur some healthy foods, afterwards they will help him brush his teeth! The *Storybook* "Barney and Baby Bop go to the Grocery Store" will be read, then each child will push a shopping cart around the room collecting healthy foods.

The *Follow Along Story* "Toddlerobics" is introduced then followed by the practice of some of the stories simple aerobic movements. After reading "The Going to Bed Book" the *Puppet Play* "10 in the Bed" will be practiced using beanie babies! A "**Healthy Kids**" *Picture File* will also be introduced this week.

Motor

Monday: Body Parts Game

Tuesday: Simple Exercises

Wednesday: Stair Steps

Thursday: Floor Piano- dancing

Friday: Balance Beam