

MONTHLY MENU - JANUARY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
10 a.m. snack	Juice, stone ground whole wheat crackers	Juice, stone ground whole wheat crackers	Juice, stone ground whole wheat crackers	Juice, stone ground whole wheat crackers	Juice, stone ground whole wheat crackers	<p>TODDLERS: UNDER 24 MONTHS</p> <p>Vegetables are steamed &amp; cut up in bite-size pieces to be served with lunch or snack</p> <p>Whole milk will be served at lunch to children under the age of 24 months.</p> <p>No popcorn, raisins, corn kernels, raw carrots, whole grapes, nuts, seeds, raw peas, or peanut butter will be served to children under the age of 24 months.</p> <p>Mixed vegetables will be replaced with green beans for children under the age of 24 months</p> <p>All juice is 100% juice: Juice choices are: grapes, nuts, seeds, raw and apple</p>
Week 1		Closed	Beef Stew Hot Carrots Cucumbers Fruit Bread/Milk	Baked Mostacoli Cauliflower Celery Fruit Bread & Milk	Grilled Cheese Tomato Soup Carrot Sticks Fruit Crackers/Milk	
Week 2	Chicken Noodle Soup Hot Carrots Tomatoes Fruit Crackers/Milk	Sloppy Joes Peas Celery Fruit Bread Milk	Beef-N-Noodles Broccoli Carrot Sticks Fruit Bread Milk	Pulled Pork Sweet Potatoes Cucumber Fruit Milk	Lasagna Cauliflower Celery Fruit Bread Milk	
Week 3	Mac-n-Cheese Broccoli Carrot Sticks Fruit Bread Milk	Oven Baked Chicken Green Beans Cucumbers Fruit Bread Milk	Beef Veggie Soup Hot Carrots Celery Fruit Crackers Milk	Chili Mac Cauliflower Carrot Sticks Fruit Crackers Milk	Fish Sticks Peas Tomato Wedges Fruit Bread Milk	
Week 4	Spaghetti & Meatballs Broccoli Salad Fruit Bread & Milk	Shepards Pot Pie Potatoes & Peas Celery Fruit Bread & Milk	Chicken Nuggets Hot Carrots Cucumbers Fruit Bread Milk	Turkey Rice Green Beans Tomatoes Fruit Bread & Milk	Pizza Bread Cauliflower Carrot Sticks Fruit Milk	
Week 5	Meatloaf Potatoes Cucumbers Fruit Bread Milk	Chicken Tacos Green Beans Tomatoes Fruit Milk	Hamburgers Peas Carrot Sticks Fruit Milk	Chicken Noodle Soup Hot Carrots Celery Fruit Crackers Milk		
p.m. snack						