

# Junior Journal

## Theme: Healthy Kids



**Language Arts:** We will play an Echo Game and discuss how a healthy attitude keeps us safe and how doctors and nurses help to keep us healthy.

**Concept:** Our letters M and N will be added to our shelf jobs. Our tactile bag will be filled with healthy items that will add to our discussions about nutrition and healthy kids. We will also examine a balanced plate of food, and talk about people that help keep us healthy.

**Craft & Writing:** To enhance our Healthy Foods theme we will create a happy tooth and sad tooth. This will help to remind us to keep our teeth healthy! We will continue to practice printing our name.

**Motor:** Kicking a ball at a target will help develop our gross motor skills. We will have fun rocking in the row boat with a friend.

### Important Dates

**Have you registered for the 2019-20 school year yet?** Take advantage of 50% off registration fee when you register by January 31. Space is limited, register soon!

**Valentine's Day Party**-Wednesday & Thursday, February 13 & 14.

**Parent/Teacher Conferences**-Monday and Tuesday, February 18 & 19. Center closed to Preschool students.

Bobbie Noonan's Child Care  
Frankfort  
815-469-2627  
January 14, 2019

We will be working on second assessments this week. Parent/Teacher conferences will be held in February. Watch for a note to be sent home with specific dates and times.

*Mrs. Roxanne, Mrs. Rebecca, Mrs. Jamie, and Mrs. Jessica*

### Introductions

Mm & Nn

Manners: "Say I'm sorry"  
"Do not cut in line"

### Vocabulary Words

**utensil**- an object or tool used

*for some purpose.*

**variety**- a number of different things.



**HAPPY BIRTHDAY**

Olivia Gonzales 1/16