

MENU

	MONDAY POULTRY	TUESDAY PASTA/BEEF	WEDNESDAY EGGS/CHEESE	THURSDAY BEEF	FRIDAY FISH/PORK
8:00a.m. Breakfast	Choice of Cold cereal, toast, fruit and milk	Choice of Cold cereal, toast, fruit and milk	Choice of Cold cereal, toast, fruit and milk	Choice of Cold cereal, toast, fruit and milk	Choice of Cold cereal, toast, fruit and milk
10 a.m. snack	Choice of juice apple or orange, stone ground wheat crackers	Juice, stone ground whole wheat crackers	Juice, stone ground whole wheat crackers	Juice, stone ground whole wheat crackers	Juice, stone ground whole wheat crackers
LUNCH	Chicken Nuggets Green Beans Carrots Pears Bread Milk	Spaghetti Broccoli Cucumbers Peaches Bread Milk	Grilled Cheese Tomato Soup Carrots Pineapple Milk	Meat Loaf Peas Cucumbers Oranges Bread Milk	Pulled Pork Cauliflower Carrots Applesauce Bread Milk
p.m. snack	Cheese & Crackers Water	Fruit 2 Wheatwins Crackers Water	Popcorn & Raisins (4's plus) Cheerios (3's & under) Water	Gold Fish Crackers Raw Veggies Water	Veggie Straws Water

All juice is 100% juice: juice choices are: orange, apple No more than 4oz. of juice in the morning
Water served with PM snack/water to be provided after all meals and snacks.

TODDLERS: UNDER 24 MONTHS -

Vegetables are steamed and cut up in bite-size pieces to be served with lunch or snack

Whole milk will be served at lunch to children under the age of 24 months

No popcorn, raisins, corn kernels, raw carrots, whole grapes, nuts, seeds, raw peas, or peanut butter will be served to children under the age of 24 months

Mixed vegetables will be replaced with green beans for children under the age of 24 months