

Mon	Tue	Wed	Thu	Fri	Sat
3 LABOR	4 Turkey Breast Mashed Potatoes Green Beans Milk Fruit	5 Mac-n-cheese Vegetables Milk Fruit	6 Taco Salad Tortilla Chips Veggies Milk Fruit	7 Tuna Casserole Broccoli Milk Fruit	
10 Grilled Che Tomato So Green Bea Milk Fruit	oup Broccoli	12 Chicken Nuggets Rice/pasta Cucumbers Milk Fruit	13 Pork Mashed Potatoes Vegetables Milk Fruit	14 Fish Sticks Grits Carrots Milk Fruit	
17 Goulash Mixed Veg Cucumbers Milk Fruit	gies Green beans Milk Bread Milk	19 Ravioli Peas Bread Milk Fruit	20 Meat Loaf Mashed Potatoes Tomatoes Milk Fruit	21 Tuna Salad Broccoli Bread Milk Fruit	
24 Quiche Oat Meal Carrots Milk Fruit	25 Beef Stroganoff Mixed Veg Milk Fruit	26 Chicken Nuggets Rice/pasta Cucumbers Milk Fruit	27 Sloppy Joes Potatoes Green beans Milk Fruit	28 Fish Sticks Grits Carrots Milk Fruit	