

Mon	Tue	Wed	Thu	Fri	Sat
3 LABOR	4 Spaghetti Broccoli Milk Bread Fruit	5 Chicken Nuggets Rice/pasta Cucumbers Milk Fruit	6 Pork Mashed Potatoes Vegetables Milk Fruit	7 Fish Sticks Grits Carrots Milk Fruit	
10 Goulash Mixed Ve Cucumber Milk Fruit		12 Ravioli Peas Bread Milk Fruit	13 Meat Loaf Mashed Potatoes Tomatoes Milk Fruit	14 Tuna Salad Broccoli Bread Milk Fruit	
17 Quiche Oat Meal Carrots Milk Fruit	18 Beef Stroganoff Mixed Veg Milk Fruit	19 Chicken Nuggets Rice/pasta Cucumbers Milk Fruit	20 Sloppy Joes Potatoes Green beans Milk Fruit	21 Fish Sticks Grits Carrots Milk Fruit	
24 Chicken C Cucumber Milk Fruit		26 Mac-n-cheese Vegetables Milk Fruit	27 Taco Salad Tortilla Chips Veggies Milk Fruit	28 Tuna Casserole Broccoli Milk Fruit	