

MONTHLY MENU - September

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10 A.M. Snack	Juice, stone ground whole wheat crackers	Juice, stone ground whole wheat crackers	Juice, stone ground whole wheat crackers	Juice, stone ground whole wheat crackers	Juice, stone ground whole wheat crackers
Week 1	Labor Day Closed	Chicken Nuggets Green Beans Celery Sticks Fruit Bread/Milk	Sloppy Joes Broccoli Cucumbers Fruit Bread/Milk	Beef Veggie Soup Hot carrots Tomato Fruit Crackers/Milk	Stuffed Peppers Peas Carrot Sticks Fruit Bread/Milk
Week 2	Meatballs w/gravy Potatoes Green Beans Tomato/Fruit Milk	Spaghetti Cauliflower Salad, Carrot Sticks Fruit Bread/Milk	Beef & Noodles Broccoli Cucumbers Fruit Bread/Milk	Italian Chicken Hot Carrots Celery Sticks Fruit Rice,Bread/Milk	Turkey Sweet Potatoes Carrot Sticks Fruit Bread/Milk
Week 3 LUNCH	Mac-N-Cheese Broccoli Carrot Sticks Fruit Bread/Milk	Hamburger Hot Dish Hot Carrots Celery Sticks Fruit Bread/Milk	Taco Salad Cauliflower Tomato Wedges Fruit Bread/Milk	Hawaiian Chicken Green Beans Cucumbers Fruit Rice,Bread/Milk	Pizza Muffin Peas Carrot Sticks Fruit Milk
Week 4	Grilled Cheese Tomaato Soup Carrot Sticks Fruit Milk	Mostaccioli w/ Meatballs Peas, Cucumbers Fruit Bread/Milk	Meatloaf Potatoes, Celery Hot Carrots Fruit Bread/Milk	Garlic Chicken Noodles Broccoli Tomato Wedges/Fruit Bread/Milk	Fish Sticks Cauliflower Carrot Sticks Fruit Bread/Milk

TODDLERS: UNDER 24 MONTHS
Vegetables are steamed & cut up in bite-size pieces to be served with lunch or snack.

Whole milk will be served at lunch to children under the age of 24 months.

No popcorn, raisins, corn kernels, raw carrots, whole grapes, nuts, seeds, raw peas, or peanut butter will be served to children under the age of 24 months.

Mixed vegetables will be replaced with green beans for children under the age of 24 months

All juice is 100% juice:
Juice choices are:
pineapple, orange, grape and apple

