



UPlay Kids

Sports & Movement Summer Program

9 Weeks \$90 You can stop and start for the weeks your family is on vacation. Please use the summer session registration form online



UPlay Kids offers Multi-Sport classes as opposed to just one specific sport for younger children. We believe in giving children a foundation in *all* traditional sports that will benefit them for life. Whether it is a 2-year-old starting out, learning basic skills or a fourth grader wanting to gain an edge in the increasingly competitive athletic arena, UPlay Kids provides the environment for children to succeed. *UPlay* helps children to build a foundation from which they can develop confidence in multiple sports skills and then go on to choose a preferred sport as they grow with us. This confidence is developed as they become more competent in their sports skills, and spills over into their everyday lives.

The UPlay Kids Program uses our unparalleled lesson plans for teaching the basics in sports, games, races, obstacle courses, and fun. **Sports include Baseball, Basketball, Football, Hockey, Soccer, Kickball, Tennis, Track & Field, Volleyball, Golf, and More.** We have a focus sport each month before rotating to another sport, therefore never allowing boredom and redundancy to set in. Our classes include fitness and cooperative games, as well as other gross motor skills development activities. Through play and physical activity, kids learn and practice skills that become building blocks for more complicated movements as they grow with us.

UPlay Kids is progressive & each stage/age is different with more emphasis put on sports as they grow with us. **At UPLAY children learn how to run, jump, balance, hop, skip, slide, turn, field, stretch, trap, leap, balance, dodge, shoot, serve, dribble, block, throw, bounce, kick, save, hit & catch.** All of this is done in a warm nurturing environment. Please check out our "What your children will learn" page to see how we progress through the ages at UPlayKids.Com

At UPlay Kids, your children will learn persistence, courage, cooperation, respect, positive relationships, self-worth, communication, responsibility, and countless other attributes. Taking turns and playing by the rules are important interpersonal lifetime skills, all of which play & sports fosters.

You can sign up and withdraw online at any time at UPlayKids.Com. Check out our Facebook page videos and photos @ UPlay Kids Florida. If you have any questions contact Sheila@uplaykids.com or call 239-331-5331

Come play with us!