



| Sunday | Monday  | Tuesday   | Wednesday  | Thursday  | Friday  | Saturday |
|--------|---|---|--|---|---|----------|
|        |   |   | 1 Chicken &<br>Rice<br>Green Beans<br>Carrot Sticks                  | 2 Meatloaf/<br>Meatballs<br>Potatoes<br>Broccoli<br>Tomato<br>Wedges          | 3 Tuna<br>Casserole<br>Broccoli<br>Carrot Sticks                        | 4        |
| 5      | 6 Veg. Quiche<br>Scrambled<br>Eggs<br>Potatoes<br>Celery Sticks   | 7 Spaghetti<br>Broccoli<br>Carrot Sticks                            | 8 Baked<br>Chicken<br>Potatoes<br>Broccoli                           | 9 Sloppy Joe<br>Oven Fried<br>Potatoes,<br>Green Beans,<br>Cucumber<br>Slices | 10 Fish<br>Sticks<br>Rice<br>Peas<br>Carrot Sticks                      | 11       |
| 2      | 13 Salsa<br>Chicken<br>Fiesta<br>Vegetables<br>Cucumber<br>Slices | 14 Pizza Bread<br>Vegetables<br>Carrot Sticks                       | 15 Chicken<br>Nuggets<br>Rice<br>Peas<br>Carrot Sticks               | 16 Taco<br>Salad<br>Tortilla<br>Chips<br>Green Beans                          | 17 Tuna<br>Sandwich<br>Tomato<br>Wedges<br>Green Beans<br>Celery Sticks | 18       |
| 9      | 20 Chili<br>Vegetables<br>Cucumber<br>Slices                      | 21 Grilled<br>Cheese<br>Tomato Soup<br>Green Beans<br>Celery Sticks | 22 Chicken<br>Mashed<br>Potatoes<br>Vegetables<br>Cucumber<br>Slices | 23 Turkey &<br>Rice<br>Cauliflower<br>Tomato<br>Wedges                        | 24 Tuna<br>Casserole<br>Broccoli<br>Carrot Sticks                       | 25       |
| 6      | 27 Macaroni<br>& Cheese<br>Broccoli<br>Carrot Sticks              | 28 Lasagna<br>Cauliflower<br>Carrot Sticks                          | 29 Chicken<br>& Rice<br>Green Beans<br>Carrot Sticks                 | 30 Meatloaf/<br>Meatballs<br>Potatoes<br>Broccoli<br>Tomato<br>Wedges         | 31  |          |