

Mon	Tue	Wed	Thu	Fri	Sat
			1 Meat Loaf Mashed Potatoes Tomatoes Milk Fruit	2 Tuna Salad Broccoli Bread Milk Fruit	
5 Quiche Oat Meal Carrots Milk Fruit	6 Beef Stroganoff Mixed Veg Milk Fruit	7 Chicken Nuggets Rice/pasta Cucumbers Milk Fruit	8 Sloppy Joes Potatoes Green beans Milk Fruit	9 Fish Sticks Grits Carrots Milk Fruit	
12 Chicken Casserole Cucumbers Milk Fruit	13 Turkey Breast Mashed Potatoes Green Beans Milk Fruit	14 Mac-n-cheese Vegetables Milk Fruit	15 Taco Salad Tortilla Chips Veggies Milk Fruit	16 Tuna Salad Broccoli Milk Fruit	
19 Grilled Cheese Tomato Soup Milk Bread Fruit	20 Spaghetti Broccoli Milk Bread Fruit	21 Chicken Nuggets Rice/pasta Cucumbers Milk Fruit	22 Pork Mashed Potatoes Vegetables Milk Fruit	23 Fish Sticks Grits Carrots Milk Fruit	
26 Goulash Mixed Veggies Cucumbers Milk Fruit	27 Chicken/Rice Green beans Milk Bread Milk	28 Ravioli Peas Bread Milk Fruit	29 Meat Loaf Mashed Potatoes Tomatoes Milk Fruit	30 Tuna Salad Broccoli Bread Milk Fruit	