

MENU

	MONDAY POULTRY	TUESDAY PASTA/BEEF	WEDNESDAY EGGS/CHEESE	THURSDAY BEEF/PORK	FRIDAY FISH/PORK
8:00a.m. Breakfast	Choice of Cold cereal, toast, fruit and milk	Choice of Cold cereal, toast, fruit and milk	Choice of Cold cereal, toast, fruit and milk	Choice of Cold cereal, toast, fruit and milk	Choice of Cold cereal, toast, fruit and milk
10 a.m. snack	Choice of juice apple or orange, stone ground wheat crackers	Juice, stone ground whole wheat crackers	Juice, stone ground whole wheat crackers	Juice, stone ground whole wheat crackers	Juice, stone ground whole wheat crackers
LUNCH	Chicken/Rice Casserole Broccoli Cucumbers Pears Bread & Milk	Taco Salad Green Beans Tomatoes Pineapple Bread Milk	Mac & Cheese Mixed Veggies Cucumbers Oranges Bread Milk	Sloppy Joe Cauliflower Carrots Applesauce Bread Milk	Fish Sticks Peas Rice Cucumbers Pears Bread & Milk
p.m. snack	Cheese & Crackers Water	Raw Veggies and dip Crackers Water	Fruit Wheat twins crackers Water	Corn Tortilla Chips Salsa Water	Rice Cakes & Polaner Jelly Water

All juice is 100% juice: juice choices are: orange, apple No more than 4oz. of juice in the morning
 Water served with PM snack/water to be provided after all meals and snacks.
 All juice is 100% juice: juice choices are: orange, apple

TODDLERS: UNDER 24 MONTHS -

Vegetables are steamed and cut up in bite-size pieces to be served with lunch or snack
 Whole milk will be served at lunch to children under the age of 24 months
 No popcorn, raisins, corn kernels, raw carrots, whole grapes, nuts, seeds, raw peas, or peanut butter will be served to
 children under the age of 24 months
 Mixed vegetables will be replaced with green beans for children under the age of 24 months