

MONTHLY MENU - AUGUST

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10 A.M. Snack	Juice, stone ground whole wheat crackers	Juice, stone ground whole wheat crackers	Juice, stone ground whole wheat crackers	Juice, stone ground whole wheat crackers	Juice, stone ground whole wheat crackers
Week 1		Chicken Roll Up Sandwich Peas Tomatoe Wedges Fruit & Milk	Grilled Cheese Cooked Carrots Cucumbers Fruit Bread/Milk	Lasagna Cauliflower Celery Fruit Bread/Milk	Beef-N-Gravy Broccoli Carrot Sticks Fruit Bread/Milk
Week 2	Spaghetti w/meatballs Salad Cauliflower Carrot Sticks Fruit/Bread/Milk	Chicken Pot Pie Peas Cucumber Fruit Bread/Milk	Tuna Sandwich Broccoli Tomato Wedges Fruit Milk	Sloppy Joes Green Beans Carrot Sticks Fruit Bread/Milk	Turkey Potatoes Celery Fruit Bread Milk
Week 3	Chicken Nuggets Green Beans Carrot Sticks Fruit/Bread/Milk Bread/Milk	Pork Roast Peas Tomatoe Wedges Fruit Bread/Milk	Mac-N-Cheese Cooked Carrots Cucumbers Fruit Bread/Milk	Hamburger Hot Dish Cauliflower Carrot Sticks Fruit Bread/Milk	Italian Chicken Rice Broccoli Celery Fruit Bread/Milk
Week 4	Pizza Muffin Broccoli Carrot Sticks Fruit Milk	Chicken Noodle Soup Cooked Carrots Celery/ Fruit Crackers/Milk	Taco Salad Green Beans Tomatoes Fruit Bread/Milk	Mostaccoli Cauliflower Carrot Sticks Fruit Bread/Milk	Goulash Peas Cucumber Fruit Bread/Milk
Week 5	Fish Sticks Broccoli Carrot Sticks Fruit/Bread/Milk	Meat Loaf Peas Potatoes Tomatoe Wedges Fruit/Bread/Milk	Hawaiian Chicken Green Beans Celery/Rice Pineapples Bread/Milk	Grilled Cheese Tomato Soup Cucumber Fruit/Milk	

TODDLERS: UNDER 24 MONTHS
Vegetables are steamed & cut up in bite-size pieces to be served with lunch or snack.

Whole milk will be served at lunch to children under the age of 24 months.

No popcorn, raisins, corn kernels, raw carrots, whole grapes, nuts, seeds, raw peas, or peanut butter will be served to children under the age of 24 months.

Mixed vegetables will be replaced with green beans for children under the age of 24 months

All juice is 100% juice:
Juice choices are:
pineapple, orange, grape and apple

